

STAFFORD ARCHERY Return to Play and Communicable Disease Prevention Plan

Stafford Archery is committed to providing safe sport programming incorporating the Provincial Health Office guidelines and the recommendations of VIA Sport and BC Archery's Return to Sport Policy. Please be aware that this Return to Play document is subject to change related to any new Municipal or Provincial regulations.

This document is limited to PHASE 3 of a Return to Play for Indoor Archery

Stay home and let others play safely	Archers, volunteers and coaches who are not feeling well, exhibit flu-like symptoms or know they have been in contact with someone who has been sick should exercise appropriate isolation
Access to Programming	Pre-registration will be required. No drop-in or spectators* <i>*minor participants are required to have a parent or guardian on site during practice, masks must be worn and physical distancing is recommended</i>
Start Date: 9 Oct 2021	Wednesday and Saturday
Schedule	5-6:15pm JOP and Youth Beginners
Coached	6:30-8pm Family and Youth and Adult Beginners
Uncoached	8:15 – 9:45 Open Practice (experienced archers only, youth must shoot with an adult).

Processes to Open Safely: Phase 3

- Phase 3 - Indoor sport
- Group Size: There is no maximum group size for participants, coaches, volunteers, staff and officials, however our desire to maintain safe distancing inside the gym will see us cap attendance to 15 (participants and coaches).
- Physical distance does not need to be maintained on or off the field of play, but we will do our best to keep spacing safe both on and off the shooting line and do recommend distancing of athletes from different households, therefore, spectators will be required to sit in the lobby area.
- Masks: Masks are mandatory off the field of play (shooting line) but are not required on the field of play (athletes may choose to wear a mask while shooting).
- We will continue to clean equipment and high touch points frequently and hand sanitizer will be available for use
- Athletes will be required to book all sessions through a Google Form on our Website @ <https://staffordarchery.wixsite.com/home/registration-information>). Upon arrival at the venue, participants will be health screened by coaches, signed in to the register, and asked to sign a waiver acknowledging they had read this document and/or have listened to our enhanced safety orientation.

Measures to Keep People Safe:

- Group size limited to butt availability and Provincial regulations
- Two participants (four if from same family) shooting per target butt
- Stand in the center position and stay in your lane when retrieving arrows
- Any extra equipment (folding chair, arrow tubes, small repair kit, water bottles snacks etc) should be placed directly behind the athlete's designated shooting lane
- Parent seating will be provided in lobby area
**parents of minor participants must remain in the facility with their child*
- Everyone will wear masks while inside the facility *except when on the shooting line* (optional)
- Schedule 15mins between group sessions to minimize number of people congregating and to disinfect where needed between sessions

Minimizing Touch Points

Item	Action	Applies to
Armguards, finger slings and finger tabs	Will be provided for rentals and will be sanitized/quarantined between uses	Phase 3
Club bows & arrows	Will be available to rent and will be sanitized/quarantined between uses	Phase 3
Target butts	two athletes per session wiped down between sessions	Phase 3
3D targets	Wiped down at beginning and end of each session	Phase 3
Target faces	Sanitized at beginning and end of each session	Phase 3
Target pins to secure face	Sanitized at the beginning and end of each session	Phase 3
Scoreboard, paper, pen	Will not be provided- This is considered Athlete equipment	Phase 3
Equipment locker	Only coaches enter locker	Phase 3
Bow racks	Will be wiped down before and after each session.	Phase 3
Seating	Parent seating in lobby area. Athlete seating in gym	Phase 3
Doors	Will be opened by coaches	Phase 3
Bathrooms	Wash/sanitize hands before and after use. Will be cleaned before and after use	All Phases

Arrival and Departure Process

- Do not enter the range if you are experiencing any flu like symptoms
- Hand sanitizer must be used upon all entry and exiting of the range
- Do not enter the range until the designated scheduled access time
- Do not remain in the gym past the designated scheduled exit time
- Set up in parking area, do not bring bow cases into to the gym
- When entering or exiting the gym try to provide a 2m bubble, always move to the right to provide enough space
- Proceed immediately to the check-in station for health and vaccine screening, and to get your target assignment.
- All adults and any youth participating with adults (Family and Open Practice sessions) are required to provide a proof of vaccination (QR code) of a single dose for now, and of a double dose after 24 October 2021. Photo ID is required.
- When crossing the gym to and from your shooting station, try to provide a 2m bubble
- Only athletes can remain on the range, no spectators*
**parents of youth participants must remain in the lobby area while their child shoots, masks must be worn at all times*

Scoring and Retrieving Arrows

- Please supply your own notebook and pen for scoring or use a scoring App
- When pulling arrows, sanitize your hands and brace the target butt with elbow or shoulder
- If you have difficulty retrieving an arrow and need assistance, notify a coach/range officer

Plan to Provide First Aid:

- Notify a coach/range officer of any injury which requires first aid. Only a coach/range officer can access the first aid kit from the locker. Coaches and range officers will be wearing masks and will address any first aid requirements and/or initiate the emergency action plan **Participant Health is Especially Important to us**

Waivers and Plans to respond to an outbreak:

- All participants will be asked to sign a waiver that outlines the expectation of exposure reporting and notification. All participants will be expected to provide a number to receive a text message if required.
- All minors must provide the number for a parent/guardian
- Should any participant be part of an exposure, asked to quarantine, is pending testing results or has recently tested positive for COVID, they must report this to the Stafford Archery coaches. All athletes in scheduled session will be notified and expected to self quarantine according to the current Provincial Health office regulations



Return to Play Enforcement

- All participants will be monitored for compliance and we appreciate that on occasion a participant may unintentionally break from compliance. In an effort to keep everyone safe, any participant who cannot meet the ongoing requirements will be prevented from attending the Phase I Programming.

Sanitizer/Cleaning Supplies

- All participants are asked to provide their own hand sanitizer or equipment cleaning supplies. STAFFORD Archery will have additional supplies to accommodate disinfecting requirements of the range equipment.

Archers are to recognize that others on the range may have different levels of comfort and therefore should be treated with respect, given appropriate physical distance, and everyone should exercise patience.

In the words of Dr Bonnie Henry : **Be calm, be kind and stay safe**